



## 2017 Plenary Speaker



Dr. Michael A. Lindsey is Director of the McSilver Institute for Poverty Policy and Research and Constance and Martin Silver Associate Professor of Poverty Studies at the Silver School of Social Work at New York University. He is a child and adolescent mental health services researcher, and is particularly interested in the prohibitive factors that lead to unmet mental health need among vulnerable youth with serious psychiatric illnesses, including depression.

Dr. Lindsey has received research support from the National Institute of Mental Health (NIMH) to examine the social network influences on barriers to mental health care among African American adolescent males with depression. Dr. Lindsey's current research, funded by the Robin Hood Foundation and Annie E. Casey Foundation, involves the delivery of an innovative combination of interventions aimed at decreasing PTSD and depression symptoms, and improving positive parenting skills, among child-welfare involved mothers with trauma-related disorders. His published research has appeared in the *American Journal of Men's Health*, *American Journal of Community Psychology*, *Journal of Adolescent Health*, *Clinical Child and Family Psychology Review*, *Journal of Clinical Child & Adolescent Psychology*, *Journal of Black Psychology*, *General Hospital Psychiatry*, *Prevention Science*, *Psychiatric Services*, and *Social Work*.

Dr. Lindsey is currently a standing study section member of the NIMH Services Research Committee, a standing member of the Center for Substance Abuse Prevention (CSAP) National Advisory Council at the Substance Abuse and Mental Health Services Administration (SAMHSA), and a board member-at-large for the Society for Social Work and Research.

Dr. Lindsey holds a PhD in social work and MPH from the University of Pittsburgh and an MSW from Howard University. He also completed a two-year postdoctoral fellowship in public health at the Bloomberg School of Public Health at Johns Hopkins University.

## 9:35am Morning Session A Workshops (Choose 1)

### **Workshop A1. The Impact of Exposure to Trauma on Students, Staff and the School Community**

**Presenters: Sybil Baker, LCSW, and Tara Gill, PhD, Center for Childhood Resilience, Dept. of Child & Adolescent Psychiatry, Lurie Children's Hospital of Chicago**

This workshop provides an overview of trauma and how it impacts students, school staff, and the school community. By adopting a "trauma lens," adults working with students will be better able to recognize signs of trauma as well as develop effective school-wide and classroom-based strategies for creating an environment that is supportive of students. Finally, the audience will recognize how trauma affects adults who work with students exposed to trauma and develop a self-care plan to prevent and reduce stress in their lives.

### **Workshop A2. Effective Interventions for working with ADHD in school settings**

**Presenter: Sonya Leathers, PhD, University of Illinois at Chicago, Jane Addams College of Social Work**

The mention of ADHD conjures thoughts of high-energy children who can't sit still. Often the symptoms of ADHD can be missed and may be confused with laziness, lack of motivation, and behavior or learning difficulties. If disorganized backpacks and lockers; lost notices from school; uncompleted homework or completed assignments which are not handed in have you frustrated this workshop is for you. Our time together will focus on helping participants recognize symptoms of different types of ADHD and identify practical strategies and interventions that can be used in school settings.

**JANE ADDAMS  
COLLEGE  
OF SOCIAL WORK**



## **11:10am Morning Session B Workshops (Choose 1)**

### **Workshop B1. Building on Students' Strengths Through Creative Leadership and Service Programs**

**Presenter: Erin Leyba, PhD, LCSW**

#### **Private Practice**

Strengths are not “things” that youth carry or merely characteristics that youth possess, but they are “made real” in transactions when youth can actually help others or use their skills in a meaningful way (Mattaini & Meyer, 2002). When students' strengths are engaged, they not only feel like their lives are meaningful but they may also gain self-efficacy, self-esteem, and social relationships that help them cope with environmental risks. In this interactive workshop, participants will learn about real creative programs Illinois school social workers have facilitated to help students participate in activities, take on leadership roles, or be of service to others. The 8 key elements that social workers have seen contribute to successful programs will also be discussed.

### **Workshop B2. Impact of the Brain Structure on Trauma**

**Presenter: Dr. Samantha Orbach, PsyD**

#### **Children's Research Triangle**

This workshop outlines how brain structure and organization is affected by environmental and interpersonal trauma. We will look at how traumatized children may experience the world differently and consequently present and react differently in school environments. We will also review tools for mediating these behaviors and interactions through a more thorough and empathic understanding of the disconnected, misconnected, and damaged neural pathways caused by trauma.

### **Workshop B3. Grief/Bereavement Support in a School Setting**

**Presenter: Noe Torres, LCSW**

#### **Chicago Public Schools, School Social Worker**

Grief affects every facet of one's functioning— thinking, feeling, interpersonal, physical and spiritual. The emotional and psychological impact can challenge children's wellbeing, behavior, school performance, and sense of self. Providing support to students in a school setting, which is students' “natural” setting, can be empowering and instrumental in helping them manage such disruptive life events. Developmental needs of the student must guide the interventions. The cause and circumstance of the loss also influence the delivery of supports. This interactive and experiential workshop will address salient factors in providing grief supports to students in a school setting. It will build upon the presenter's extensive experience in facilitating community-based and school-based support for students and families impacted by death.

## **1:15pm Afternoon Sessions C (Choose 1)**

### **Workshop C1. Empowerment for Change**

**Presenter: Josh Bloodgood, MSW**

#### **Plainfield School District, School Social Worker**

This workshop will identify and demonstrate key components of successfully engaging students in reducing behaviors that result in suspensions. It will additionally identify strategies for improving attendance and completing homework so students can achieve credit for their classes. The Catalyst Program has resulted in significantly fewer overall school suspensions each year and has been of avail to high risk students as well as to the overall school population.

### **Workshop C2. Using Students' Strength to Engage Autistic Students**

**Presenter: Keely Canty Mendenhall, LCSW**

#### **Chicago Public Schools, School Social Worker**

Autistic students present challenges with learning and mastering social skills. This presentation will introduce intervention strategies to engage these students by starting where they are and using their strengths to master social emotional goals. The use of visual schedules, the First-Then Method along with various social skills work sheets and games will be explored and discussed. We will discuss the importance of modifying activities to promote even the smallest increments of growth. Growth and mastery can and will happen when we meet the student where they are and utilize their strengths.

### **Workshop C3. Understanding and Addressing Anxiety Disorders in Children and Adolescents**

**Presenter: Lauren Cox, LCSW**

#### **University of Illinois at Chicago- Department of Psychiatry**

This presentation is designed to provide a foundation for understanding and identifying anxiety disorders in children and adolescents, and provide a framework for using Cognitive Behavioral Therapy to treat childhood anxiety. Attendees will learn to identify and make informed decisions regarding the use of treatment strategies with children suffering from these anxiety disorders. There will be a discussion of evidence-based treatment for anxiety and information will be provided concerning available community resources for referral of severe cases.

## Registration

The registration fee is \$75.00 (includes continental breakfast and lunch).  
Training participants who wish to earn 6.5 CEUs/ CPDUs' for the day-long training will pay an additional \$5.00, totaling the cost to \$80.00.

Name \_\_\_\_\_

Address \_\_\_\_\_

Email address \_\_\_\_\_

Phone \_\_\_\_\_

Workshop Choice No. #: A \_\_\_\_\_ B \_\_\_\_\_ C \_\_\_\_\_

CEU/CPDU indicate (y/n) Choose 1 CEU/ CPDU \_\_\_\_\_

### Registration Options:

Online Registration (please copy & paste in browser)

[https://appserv7.admin.uillinois.edu/FormBuilderSurvey/Survey/UIC\\_JA\\_CSW/jacswsswp/training\\_series/Survey](https://appserv7.admin.uillinois.edu/FormBuilderSurvey/Survey/UIC_JA_CSW/jacswsswp/training_series/Survey)

Or register by mail:

Make check/purchase order payable to: University of Illinois at Chicago

Mail this registration form to:

Jane Addams College of Social Work,  
Attn: Training Institute for School Social Work Professionals  
1040 W. Harrison St. (m/c 309) Chicago, IL 60607

If you have questions please send an email to:  
[JACSWSSWP@LISTSERV.UIC.EDU](mailto:JACSWSSWP@LISTSERV.UIC.EDU)

**Scheduled Booster Session October 14, 2017 9:00am -11:30 am  
2.5 CEUs will be offered as a part of the initial registration.**

## Training Institute for School Social Work Professionals Planning Team

Annette Johnson, LCSW, ACSW is a Clinical Assistant Professor at the University of Illinois at Chicago, Jane Addams College of Social Work. She is co-founder of the JACSW Training Institute for School Social Work Professionals, and teaches School Social Work Policy and School Social Work Practice. Her research interests are social and emotional learning and critical service learning.

Cassandra McKay-Jackson, PhD, LCSW is an Associate Professor at the University of Illinois at Chicago, Jane Addams College of Social Work. She is co-founder of the JACSW Training Institute for School Social Work Professionals, and teaches School Social Work Practice and School Social Work Research. Her research interests include the social construction of race, critical service learning, and social and emotional learning.

Julie Fisher, MSW is a Visiting Clinical Assistant Professor at the University of Illinois at Chicago, Jane Addams College of Social Work. She launched, facilitates and instructs the online Post MSW Professional Educator License (PEL), School Social Work Endorsement Program. Her research interests include online social work education.

Caitlin O'Grady, MSW, LCSW, is a PhD Candidate at the University of Illinois at Chicago, Jane Addams College of Social Work. Her research focuses on culturally appropriate mental health service delivery for the Latino immigrant population. She worked as a community mental health therapist for approximately four years prior to beginning her doctoral studies, with an emphasis on service provision to Latino children, families, and adults.

**Save the Date  
Revisiting Strategies That Work!  
October 14, 2017**