

# ***CBHA's 45th Annual Winter Conference***

*The premier behavior health care conference in Illinois specifically  
for behavioral healthcare providers.*

***Embracing Change &  
(Re)Shaping the  
Future of  
Community  
Behavioral  
Healthcare***

***Community Behavioral  
Healthcare Association  
Of Illinois***

***2017 Annual Conference  
December 11-12, 2017  
Hyatt Regency Woodfield  
Schaumburg, IL***



Facebook:cbha.net

Like Us On Our Social Media Pages!

Share your conference experience  
by using #CBHACon17



Twitter@CBHA\_NET

# *Community Behavioral Healthcare Association's 45<sup>th</sup> Annual Conference*

## Embracing Change and (Re)Shaping the Future of Community Behavioral Healthcare

Monday, December 11, 2017

### GENERAL SESSIONS

#### A Look at the Changing Federal Landscape: How it will Impact Illinois

9:00 – 10:30 am

Over the years, the federal role in mental health and substance use includes regulating systems and providers, protecting the rights of consumers, providing funding for services, and supporting research and innovation. With a new administration in DC, will the role of SAMHSA change and what are some of the “hot issues” that should be on community behavioral health providers’ radar? What will be the new federal initiatives and federal policy directives, as well as future funding opportunities?

- Anita Everett, M.D., DFAPA , Chief Medical Officer, SAMHSA
- Rebecca Farley David, Vice President, Policy and Advocacy, National Council for Behavioral Health


#### Moving Toward Value-Based Payment for Medicaid Behavioral Health Service

10:45 am – 12:00 pm

States, health plans, and providers are beginning to develop value-based payment (VBP) arrangements to pay for Medicaid behavioral health care services. VBP approaches shift the focus from traditional fee-for-service systems that pay for volume of services to alternative payment models that reward high-quality, cost-effective care. Many state Medicaid programs have developed VBP approaches to improve quality and slow cost growth for physical health services, but these advances have been slower to emerge in Medicaid behavioral health programs until now.

This session will explore real world examples of implementing a value based arrangement in community behavioral health programs. Attendees will also learn about key challenges in implementing VBP models in behavioral health settings related to quality measurement, provider capacity, oversight considerations, and privacy and data-sharing constraints.

- Rachael Matulis, Senior Program Officer, Center for Health Care Strategies
- Dawn Kingsley, Vice President Payer Contracting & Strategy, Centerstone



**Refreshment  
Break with  
Exhibitors  
10:30—10:45 am**

### **AWARDS & RECOGNITION LUNCHEON**

12:00 – 1:30 pm

---

## CONCURRENT SESSIONS

1:30 – 3:00 pm

### Organizational Change/Strategic Partnerships: Implementing an Independent Practice Association (IPA)

The Community Behavioral Health Association of Illinois (CBHA), Centene, and a small group of behavioral health providers in Illinois are well underway in creating a behavioral health integrated network or Independent Practice Association throughout the State of Illinois. This partnership of community behavioral health providers and a Medicaid Managed Care Plan will be the first of its kind in the U.S. and much work has went into creating it.

Come learn about the purpose and goals of the IPA, as well as, specific details, such as its governance structure, operation, finance, IT and clinical.


- Joel Johnson, CEO, Human Resource Development Institute
- Tim Sheehan, Lutheran Social Services of Illinois
- Ananth Lalithakumar, Vice President of Payment Innovation, Centene
- Karen Batia, Ph.D., Principal, Health Management Associates

### Medicaid Managed Care for Children in Foster Care: What Are the Challenges and What are the Lessons Learned from Other States

In July 2018, the Department of Children and Family Services (DCFS) is planning to transition its foster care program under a managed care model. Medicaid has been the dominant insurer for children involved in child welfare, and its role was expanded through the ACA. There are over 30 states who have enrolled their foster care system in Medicaid managed care arrangements. It is believed Medicaid Managed care organizations (MCOs) are uniquely positioned to play a key role improving the overall health of these children by emphasizing improvements in the quality and cost of care, the coordination of care, particularly for populations with chronic physical and behavioral health conditions.

This workshop will bring the experience of two national professionals who have witnessed the transition and implementation of a managed care model into the child welfare foster care in other states. Together they will share their respective experience in how planning should be conducted and what needs to be solved if Illinois is going to be successful in improving the outcomes for children in its Child Welfare Foster Care System. A few of the concerns addressed include:

- How to develop working partnerships across child-serving agencies.
- How do we know all the partners are in a “readiness mode” to deliver quality and data driven care?
- How do you develop clinical competencies to serve multi-agency involved children with multiple complex needs?
- The development of meaningful quality measurement for children and families.
- Identify and sustain care coordination capabilities for the foster care population



**Refreshment Break  
with  
Exhibitors  
3:00 – 3:30 pm**

Attendees for this workshop will hear from Dr. Tracy Eilers Johnson, VP, Specialty Populations, Programs & Training, Centene; and Leslie A. Schwalbe, VP, State and Local Government Programs, Optum, as they share their collective experience in sharing the lessons learned in transitioning Child Welfare Foster Care to a Medicaid Managed Care Program.

**Refreshment Break  
with Exhibitors  
3:00 – 3:30 pm**

## GENERAL SESSION

### What's Now and What's Next in Illinois Politics

**3:30 – 5:00 pm**

The budget crisis has crippled social services that survive on state money, hurting the most vulnerable citizens in Illinois. So, what can providers of behavioral health services expect from the General Assembly in the coming months and how can we ensure the voices of providers and folks living with mental health and substance use disorders are heard loud and clear in Springfield?

Join industry experts for a discussion on What's now and what's next in Illinois politics and policy. As the state works to rebuild its social services infrastructure after a two-year budget gridlock, and grapples with a stack of

unpaid bills and a quarter-trillion-dollar pension debt, panelists will share their insights into the urgent issues Illinois faces as it heads into the 2018 election and beyond.

Moderator: Tim Sheehan, Vice President of Home and Community Services, Lutheran Social Services of Illinois

- George Hovanec, Consultant
- Matt Werner, Werner Consulting
- Nichole Magalis, Vice President, Member Advocacy, Illinois Health & Hospital Association
- Philippe Largent, Largent Government Solution
- Tom Nolan, Consultant

**5:00 – 6:30 pm**

**Networking Reception & Illinois Gubernatorial Candidate Forum  
sponsored by  
Community Behavioral Healthcare Association (CBHA)  
&  
Small Business Advocacy Council (SBAC)**

As the March 2018 primaries approach, it is important to learn where the candidates for Illinois Governor stand on the issues that matter to us. As providers of mental health and substance use disorder services and small business owners working to rebuild after the end of the budget impasse, this forum will allow us to learn and ask questions about the candidates' plans for a prosperous and healthier Illinois.

Candidates are welcome and encouraged to attend the networking portion of the event, which starts at 5 pm. The program will begin at 5:30 pm with welcome remarks by Marvin Lindsey, CBHA CEO, and Elliot Richardson, SBAC CEO.

**Refreshment  
Break with  
Exhibitors  
8:00 – 8:45 am**

### CBHA Annual Meeting

8:45 – 9:00 am

Join your CBHA colleagues for the Annual Meeting and installation of new board members.

A special thank you to retiring board members:

- Ann Campen, Chief Financial Officer, Tazwood Center for Wellness
- Joel Johnson, Chief Executive Officer, Human Resource Development Institute

---

## GENERAL SESSION

### Illinois Healthcare Transformation Update and State Priorities for 2018

9:00 – 10:30 am

The state is in year two of its plan to transform the state's health and human service system. According to the initial plan, the mid-term or 1-2 year focus is on implementing the behavioral health strategy and expanding the scope of work to new focus areas. Included in the behavioral health strategy is the 1115 Waiver and the State Plan Amendment for Integrated Health Homes that is awaiting federal approval. Also included in the state's plan for an improved community behavioral health system is an effective opioid response strategy. Come learn about the current status of these and other initiatives that the state is planning for in year three.

- Teresa Hursey, Acting Medicaid Administrator, Illinois Department of Healthcare and Family Services
- James Dimas, Secretary, Illinois Department of Human Services
- Nirav D. Shah, M.D., J.D., Director, Illinois Department of Public Health

**Refreshment  
Break with  
Exhibitors**

### A Special Thank You to CBHA's Planning Committee

*Bruce Angleman  
Regina Benedict  
Blanca Campos  
Terry Carmichael  
Bonnie Chandler  
Michelle Churchey-Mims  
Julie Kovacin  
Marvin Lindsey  
Stacia Penrod  
Susan Schroeder  
Anne Tyree*

---

## CONCURRENT SESSIONS

10:45 am - Noon

### Alternative Workforce Strategies and Creating a Culture within Your Organizations to Retain Staff Members

As health care changes and creates new opportunities for care, attracting and retaining a high-quality workforce is one of the keys to success. Whether urban or rural, behavioral health organizations are challenged to hire and retain staff at all positions. Additionally, emerging technologies offer clients new ways to manage their behavioral health and connect to their providers. Listen to the experiences of three behavioral health organizations who are managing their workforce challenges to keep up with the demand for treatment services.

- Moderator- Julie Kovacin, Associate Executive Director, Lutheran Social Service of Illinois
- Jennifer Craig, MA, MS, LCPC, SPHR, SHRM-SCP, Chief Operating Officer, Centerstone
- Julie Rodriguez, Vice President, Association House of Chicago
- David Cohn, Founder & CEO, Regroup Therapy

### Addressing Behavioral Health in Education Through Partnering with Schools and System of Care

Behavioral health conditions present a major challenge for children. It is estimated that as many as one in five children living in the U.S. experience a mental disorder in a given year. Approximately 40% of adolescents experience a mental disorder each year. An estimated 15 million of our nation's young people can currently be diagnosed with mental health disorder. Sadly, it is estimated that only about 7% of the youth who need services receive help from a mental health professional. Untreated mental health conditions distract from learning and school engagement, potentially leading to grade retention, extensive special education needs, school drop-out, or even juvenile justice involvement. Making the case for mental health promotion and prevention in schools can be challenging. Mental or behavioral health services in schools are traditionally thought of in terms of access to individualized treatment, rather than promotion of positive climate for all individuals in the school building. Moreover, mental health is often thought of as the presence or absence of a disease condition rather than a positive asset, or something that can be developed or improved. In this workshop you will hear from three programs from across the state that have developed innovative behavioral health services in partnership with schools to bridge the community-school chasm. These programs are aligned with "The Every Student Succeeds Act (ESSA)" which recognizes the need for schools to support the whole child and specifically acknowledges the importance of student health and wellness, including mental health.

- Nacole Milbrook, Psy.D., Senior Vice President, Counseling, Youth and Family Development Services, UCAN
- Heidi Ortolaza-Alvear, Director, Child and Adolescent Health Initiative, EverThrive Illinois
- Angie Hampton, Chief Executive Officer, Egyptian Health Department



---

## CONCURRENT SESSIONS

1:30 – 3:00 pm

### Grow Yourself, Your Team and the Organization: A Workshop for Leaders in the Behavioral Health Field

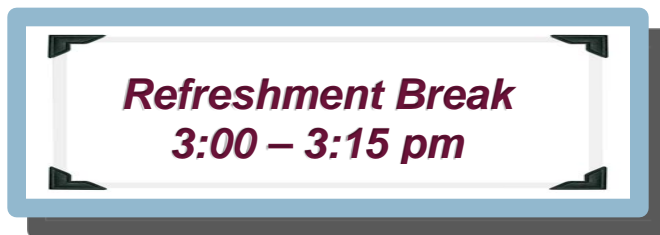
The 10 things that great leaders do. Examples will be drawn from research, leaders of fortune 100 companies, Hall of Fame Coaches and historical leaders. Other topics covered include: Evaluating yourself as a leader and taking your leadership to greater heights; effective delegation; teambuilding and how to grow other leaders.

- Mark Sanders, CEO, On the Mark Consulting

### A Dialogue with State Administrators

This session is fortunate to have the three state administrators who are largely responsible for implementing segments of state's behavioral health transformation agenda. Part of that agenda includes the state's respond to the opioid crisis, a revamp of the state's mental health Rule 132, the creation of a new category of behavioral health providers along with other changes for the upcoming new year. Come join the dialogue as we discuss these changes and how will they "transform" the community behavioral healthcare system.

- Diana Knaebe, Director, DHS/Division of Mental Health
- Maria Bruni, Ph.D., Acting Assistant Secretary of Programs, Illinois Department of Human Services
- Kristine Herman, Bureau Chief, Behavioral Health, Illinois Department of Healthcare and Family Services



---

## CLOSING GENERAL SESSION

3:15 – 4:30 pm

### Are You Embracing Change or Running Away From It?

It has been written that "progress is impossible without change". As the state of Illinois moves more towards population health, integrated health homes and value-based care, community behavioral health providers must begin to develop systems to meet these changes. This session will feature a national giant in the behavioral health industry and who is known as one the most knowledgeable persons on the subject of population health and health homes.

The goal of population health management is to greatly improve both clinical and financial outcomes through the aggregation of patient data across multiple health information technology resources. There are many questions providers must answer to reach this goal. Do you have the tools in place to effectively manage high-risk individuals under your care? Does your organization have a strategy for aligning to evolving models of care?

Join us to learn about the tools and strategies for population health management success and ways to implement them in your agency.

- Dr. Joe Parks, Medical Director, The National Council for Behavioral Health

# CBHA Annual Conference 2017

## REGISTRATION FORM (please print)

Name			
Agency			
Address			
City		State	Zip
Email			

REGISTRATION FEE	Member Rate	Non-Member Rate
Monday ONLY	<input type="checkbox"/> \$215	<input type="checkbox"/> \$265
Monday RECEPTION ONLY	<input type="checkbox"/> \$ 15	<input type="checkbox"/> \$ 50
Tuesday ONLY	<input type="checkbox"/> \$215	<input type="checkbox"/> \$265
Mon-Tuesday	<input type="checkbox"/> \$395	<input type="checkbox"/> \$470
<b>On-site Registration</b>	<input type="checkbox"/> <b>Add \$25</b>	<input type="checkbox"/> <b>Add \$25</b>

**Registrations after November 30<sup>th</sup> will be processed as "on-site" registrations and charged an additional \$25**

**Multiple Registration Discount Available to CBHA Members – See Information Below**

## PAYMENT

<input type="checkbox"/> Agency Guarantee <b>CBHA agencies ONLY</b>	<input type="checkbox"/> Check Enclosed <b>Made payable to CBHA</b>	<input type="checkbox"/> Charge <b>Complete form below</b>	
<input type="checkbox"/> MasterCard <input type="checkbox"/> VISA <input type="checkbox"/> American Express	Card Number	Expiration Date	CID#
Name on Card			
Signature			
<b>Fax:</b> 217.585.1601	<b>Mail:</b> CBHA Conference Registration 3085 Stevenson Drive, Suite 203 Springfield, IL 62703	<b>Register online:</b> <a href="http://www.cbha.net">http://www.cbha.net</a>	

## HOTEL

<b>Hyatt Regency Woodfield</b> 1800 E. Golf Road Schaumburg, IL 60173 888.421.1442	<b>Reserve your room online:</b> <a href="https://aws.passkey.com/go/cbha2017">https://aws.passkey.com/go/cbha2017</a>	<b>Room block held until</b> <b><u>November 19, 2017</u></b>
---	---	---

## MULTIPLE REGISTRATION DISCOUNT – CBHA MEMBERS ONLY

**After two full conference registrations, multiple attendees from the SAME ORGANIZATION receive a discount as follows:**

<b>3<sup>rd</sup> Registrant</b>	Only \$335 for Full Conference	Only \$175 Per Day
<b>4<sup>th</sup> and 5<sup>th</sup> Registrants</b>	Only \$315 for Full Conference	Only \$165 Per Day
<b>6<sup>th</sup> + Registrants</b>	Only \$295 for Full Conference	Only \$155 Per Day