

# Measurement in Behavioral Health: Successes and Challenges

Sinai Health System

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# Background

- Sinai Health System (SHS) primarily services the West and Southwest Sides of Chicago.
- Currently, SHS provides over **80,000 outpatients** behavioral health visits a year, and provides approximately **1,500 inpatient** visits a year.
- SHS is substantially expanding its inpatient and outpatient capacity over the next several months, primarily in the Southwest side of Chicago.



# Evaluation in Behavioral Health

- Changes in Health Status
- Efficacy of System
- Satisfaction
- Health and Economic Impact



# Changes in Health Status

- Standardization of measurement tools
- What is considered “success?”
- Fidelity to *evidence-based* health interventions
- IT limitations



# Efficacy of System

- Meaningful interaction with system
- Referral process
- Partners



# Satisfaction

- Physicians
- Behaviorists
- Case managers
- Patients (and families)



# Health and Economic Impact

- Social determinants
- Improvement of symptoms/change in diagnoses
- Completion of treatment
- ICD-10 code tracking
- How do you measure what doesn't happen?



# Proposed Solutions

- Necessary precursors to BH evaluation:
  - Integrated IT, with offsite capabilities
  - Standardization of tools where necessary
  - Clearly defined “success” (understanding this will range)
  - Improved BH screening rates for non BH professionals





# Thank you

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