

Welcome



- ❧ Purpose of this Roundtable
- ❧ Representative Systems Present
- ❧ Structure of Conversation
- ❧ Audience Participation (?)

To begin the conversation: Today's 3 E's Definition of Trauma

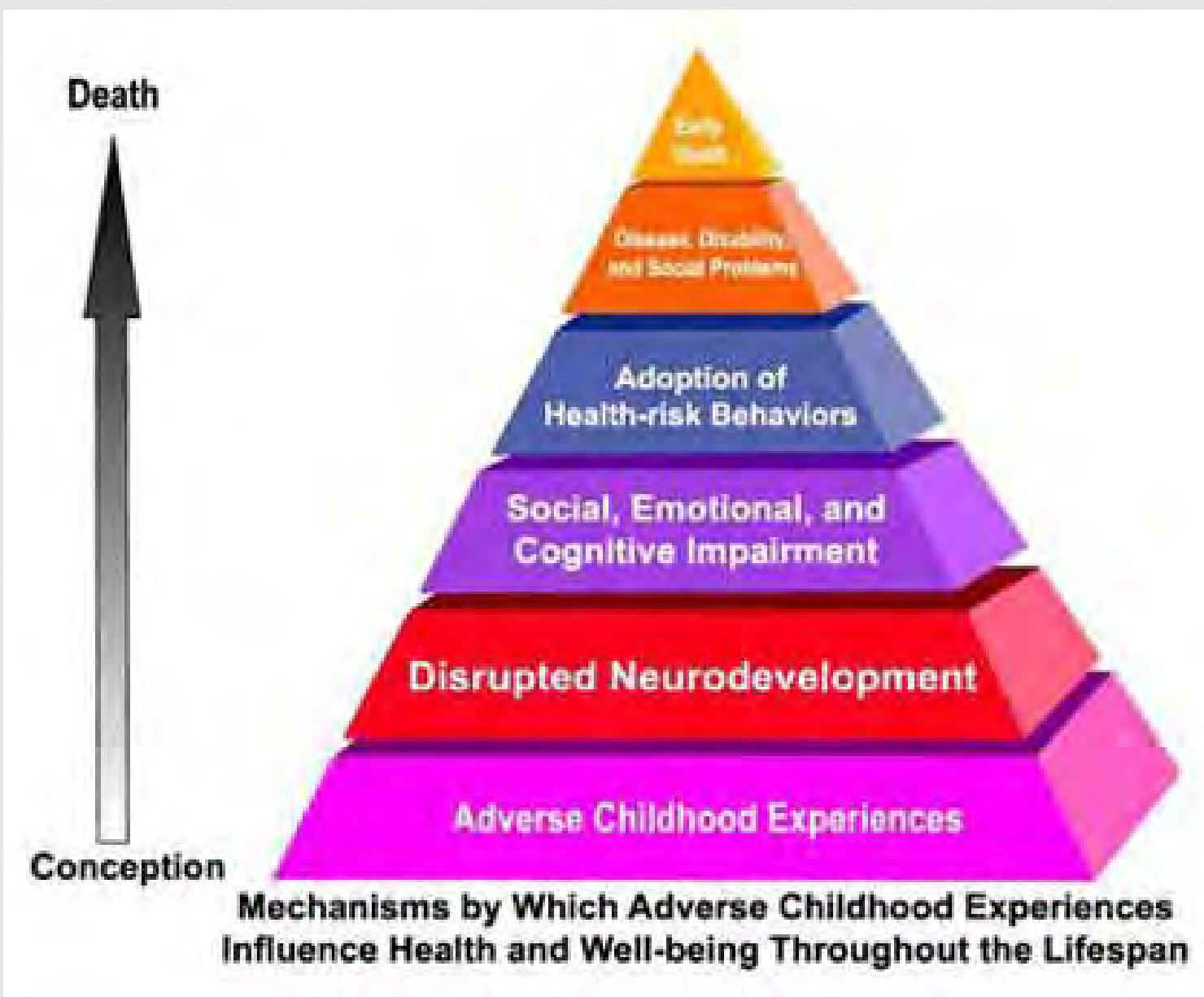


*“Individual trauma results from an **event**, series of events, or set of circumstances that is **experienced** by an individual as physically or emotionally harmful or life threatening and that has lasting adverse **effects** on the individual's development, functioning and mental, physical, social, emotional, or spiritual well-being.”*

Prevalence of ACEs



- ❧ At least **59 percent** of the general population has experienced at least one adverse childhood event
- ❧ **Twenty-six percent** of children in the United States will witness or experience a traumatic event before they turn four
- ❧ **Four of every 10** children in America say they experienced a physical assault during the past year, with **1 in 10** receiving an assault-related injury
- ❧ **More than 60 percent** of youth age 17 and younger have been exposed to crime, violence and abuse either directly or indirectly



Life-Long Physical, Mental & Behavioral Health Outcomes Linked to ACEs



- ❧ Alcohol, tobacco & other drug addiction
 - ❧ Auto-immune disease
- ❧ Chronic obstructive pulmonary disease & ischemic heart disease
- ❧ Depression, anxiety & other mental illness
 - ❧ Diabetes
 - ❧ Multiple divorces
 - ❧ Fetal death
- ❧ High risk sexual activity, STDs & unintended pregnancy
- ❧ Intimate partner violence – perpetration & victimization
- ❧ Liver disease
- ❧ Lung cancer
- ❧ Obesity
- ❧ Self-regulation & anger management problems
- ❧ Skeletal fractures
- ❧ Suicide attempts
- ❧ Work problems – including absenteeism, productivity & on-the-job injury

What Does a Trauma-Informed Organization Include?



- ❧ Safe, calm, and secure environment with supportive care
- ❧ Cultural competence and humility
- ❧ Consumer voice, choice and advocacy
- ❧ Recovery, consumer-driven and trauma specific services
- ❧ Healing, hopeful, honest and trusting relationships
- ❧ System-wide understanding of trauma prevalence, impact and trauma-informed care

Question #1



How does trauma/ACEs connect to your current programs or initiatives?

Question #2



What is the change your initiatives/programs is hoping to achieve?

Question #3



When you have participated in successful cross system initiatives, what strategies were used that could be replicated for a trauma-informed approach?

Question #4



What are some of the challenges we face? In practices and belief systems? What needs to be disrupted?

Question #5



Now after our learning, **what might we need to be more intentional** about when it comes to transforming our social, educational, behavioral health systems for children?

Question #6



What should we keep doing? Start doing? **What excites us?**

Audience Participation



- ❧ What comments might you have regarding what you've heard today?
- ❧ What questions might you have regarding what you've heard today?



Thank you!