**Information for Parents/Adults for Free Activities**

Free content for parents juggling work and home

https://www.axios.com/coronavirus-free-content-parenting-kids-7a98c9f7-e8f3-450f-88a6-6fabd5687dcb.html

Scholastic

<https://classroommagazines.scholastic.com/support/learnathome.html?promo_code=6294&eml=CM/smd/20200312//txtl/sm/ed&linkId=84269747&fbclid=IwAR1x_YLR3Qf04SuejkA9XdigNtGXVnNp8vAz7LzmUoB5qOeiqQXro5dyWig>

Virtual Fieldtrips

<https://adventuresinfamilyhood.com/20-virtual-field-trips-to-take-with-your-kids.html?fbclid=IwAR0XaVO8N-u5_cJON6KBUIGnMyaEcwV7jAg_WS73ghYWwwltnGaVOmnIGqw>

Brain Pop

<https://go.brainpop.com/COVID19?utm_source=covidhub&utm_medium=hero&utm_campaign=coronavirus&utm_content=free-access>

Virtual Fieldtrips

<https://docs.google.com/document/d/1SvIdgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/edit?fbclid=IwAR0BeSQc-LX6988YwICsrMaa2jvYzjNFY4GKf60Z7cSpBNXtmsAR7S_9VPQ>

Free coloring book and book downloads

<http://www.openculture.com/2019/02/download-free-coloring-books-from-113-museums.html?fbclid=IwAR1YEfHLkaQfIX8aoZC3p-gNbm7JoFA_Rd7md_V3LBDHFE1rRBZLOIE8OLM>

https://www.npr.org/2020/03/20/818670715/getting-bored-heres-a-list-of-free-things-that-werent-free-before-coronavirus

**Free Apps**

Smiling Mind-app

<https://www.smilingmind.com.au/>

2019 Top Rated Mental Health Apps

<https://www.psycom.net/25-best-mental-health-apps>